

APPETIZERS

SOUP OF THE DAY bowl 4.95
GARLIC BREAD
COCONUT SHRIMP
FRENCH FRIES4.95/cajun 5.95
CHEESE FRIES american, mozzarella, swiss, cheddar5.95/cajun 6.95
CRABCAKES. 12.95 three homemade crabcakes served over mixed greens with cajun horseradish sauce
FRIED PLANTAINS served with honey mustard sauce
CHICKEN TENDERS four chicken tenders served with honey mustard sauce 10.95
CHEESE QUESADILLA (with chicken or veggies add \$3)
BEER BATTERED ONION RINGS
HAND CUT SWEET POTATO FRIES served with our homemade horseradish sauce 5.95
HUMMUS PLATTER homemade and delish, served with warm pita
MOZZARELLA STICKS six sticks served with marinara sauce
SANTE FE NACHOS (with chicken add \$2)
HOUSE SALAD. 5.95 romaine lettuce, tomato, onion, zucchini, mushrooms, red onion with choice of dressing: balsamic vinaigrette, caesar, honey mustard, ranch, raspberry or sesame ginger. All salad dressings are gluten free except sesame ginger

Questions? Please ask.
Thank you for choosing Lulu's, we appreciate your patronage!

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MEDITERRANEAN SALAD (with chicken add \$3)	12.95
CURRIED CHICKEN PLATTER	12.95
MANDARIN CHICKEN SALAD	13.95
PORTOBELLO SALAD warm portobello mushrooms over mixed greens with roasted red peppers, sun dried tomatoes and goat cheese	12.95
CAESAR SALAD (with chicken 12.95)	9.95
GRILLED CHICKEN SALAD*	12.9 5
TUNA PLATTER*	12.95
CHICKEN SALAD PLATTER*	
AUTUMN CHICKEN SALAD PLATTER*	12.95 ens
GRANNY'S HARVEST SALAD (with chicken 14.95)	11.95
GRILLED VEGETABLE SALAD (with chicken 16.95)	13.95
CALIFORNIA SALMON PLATTER romaine lettuce with tomato, onion, avocado, bacon and grilled salmon served with horseradish sauce	15.95
COBB SALAD	14.95
STEAK PLATTER*. 8 oz. flat iron steak over mixed greens with tomato and onion. Served with onion rings	16.95
BUFFALO CHICKEN SALAD grilled chicken in a buffalo wing sauce served over romaine lettuce, carrots, onions, tomatoes, mushrooms, zucchini and gorgonzola cheese with ranch dressing	12.95
HOUSE SALAD*romaine lettuce, tomato, onion, zucchini, mushrooms and red onion	6.95

QUESADILLAS

Tortillas filled with yummy goodness and served with sour cream, salsa and avocado
CHEESE QUESADILLA (with chicken OR veggies 12.95)
BLACK BEAN QUESADILLA
BBQ CHICKEN QUESADILLA
seasoned black beans with scrambled eggs and melted cheddar jack cheese
BURGERS
Served with your choice of french fries or sweet potato fries
HAMBURGER lettuce, tomato, pickle and choice of fries
CALIFORNIA BURGER
TURKEY BURGER
GREEK TURKEY BURGER
VEGGIE BURGER
KIDS MENU
KIDS PASTA (butter or sauce)
KIDS GRILLED CHEESE whole wheat w/american cheese & fries
HOT DOG and french fries
MOZZARELLA STICKS three sticks and fries
SOPHIE'S CHOICE two sticks, two chicken tenders and fries 8.9
FRUIT & CHEESE
KIDS GRILLED CHICKEN with fresh fruit
KIDS CHICKEN TENDERS with fries
KIDS MAC 'N CHEESE
PEANUT BUTTER & JELLY on whole wheat bread and fries
KID'S QUESADILLA cheese and sour cream on the side

SANDWICHES

Served with your choice of french fries, sweet potato fries or small house salad. Gluten free bread is also available.

WRAPS

Served in a tortilla wrap and your choice of french fries, sweet potato fries or small house salad.

CURRY CHICKEN curry chicken salad, mixed greens, strawberries and bananas 12	2.95
GRILLED CHICKEN grilled chicken with lettuce, tomato and onion).95
CALIFORNIA SALMON	1.95
grilled salmon with romaine lettuce, tomato, onion, avocado, bacon and horseradish sauce	
PACIFIC WRAP	
AUTUMN CHICKEN	2.95
BUFFALO CHICKEN	95
CHICKEN CAESAR	95
VEGGIE BURGER HUMMUS 12	2.95
veggie burger with hummus, lettuce, tomato and red onion	
VEGGIE BURRITO	2.95
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SIDES AVOCADO	
AVOCADO	1.95
AVOCADO	1.95 5.95
AVOCADO	1.95 5.95 5.95
AVOCADO	1.95 5.95 5.95 1.50
AVOCADO 3 FRENCH FRIES. 4 SWEET POTATO FRIES. 5 SWEET PLANTAINS 6 BACON 4 slices 4 TURKEY SAUSAGE 3 patties 4	1.95 5.95 5.95 1.50
AVOCADO	1.95 5.95 5.95 1.50 1.50
AVOCADO	1.95 5.95 1.50 1.50 1.50
AVOCADO	1.95 5.95 1.50 1.50 1.50 1.95 2.50
AVOCADO	1.95 5.95 5.95 1.50 1.50 1.95 2.50
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PANCAKES & WAFFLES

PANCAKES (3) three pancakes	
SHORT STACK	
SILVER DOLLAR	
BLUEBERRY PANCAKES or CORNCAKES10	0.95
OREO PANCAKES 10	0.95
CHOCOLATE CHIP PANCAKES	9.95
GLUTEN FREE PANCAKES (with fruit or chocolate chips add \$1)	1.95
CHUNKY MONKEY PANCAKES whole grain with chocolate chips and bananas 1	1.95
BELGIUM WAFFLES (with fruit add \$1)10	
HARVEST PANCAKES whole grain with cranberries, apples and walnut	
BANANA WALNUT PANCAKES	
LUMBERJACK PLATTER 2 pancakes, scrambled eggs, bacon, home fries & fresh fruit 12	2.95
BREAKFAST SANDWICHES served with fruit and homefries	~~
8-GRAINWICHs scrambled eggs, bacon and american cheese on 8 grain toast	
PARIS EGG	
HOBOstwo fried eggs, bacon, home fries and american cheese on french bread	
BACON, EGG & CHEESE FRENCH TOAST	2.95
PHILLY EGG WRAP	2.95
ALL AMERICAN WRAP	0.95
MONTE. 12 two fried eggs, ham, swiss on two slices of challah french toast	2.95
BREAKFAST BURRITO	
EGGADILLA	3.95
AVOCADO TOAST on your choice of bread	9.95
with two fried eggs	2.95

OMELETS & EGG DISHES

served with home fries, fruit (egg whites only add \$3) your choice of toast: whole wheat • eight grain • white • rye • gluten free

IN OMELET		
CHEESE OMELET american, swiss, mozzarella or cheddar		
BACON & CHEESE OMELET GARDEN OMELET with mixed vegetables ZORBA OMELET spinach, tomatoes, red onion and feta cheese ALPINE OMELET mushrooms, tomatoes and swiss cheese PACIFIC OMELET smoked salmon, tomatoes, red onion and goat cheese FARMERS OMELET (served with toast only) open faced with homefries, zucchini, tomato, mushrooms, red onion, scallions and melted cheddar jack cheese		
	11.95	
	11.95	
	10.95	
	14.95	
	RMERS OMELET (served with toast only)open faced with homefries, zucchini, tomato, mushrooms, red onion, scallions	12.95
WESTERN OMELET ham, roasted red peppers and melted cheddar	11.95	
NOT EASY BEING GREEN OMELET broccoli, zucchini, spinach, cheddar jack cheese PESTO VEGGIE OMELET mixed veggies, with basil pesto, mozzarella cheese SPINACH ARTICHOKE OMELET fresh spinach, artichoke hearts, parmesan cheese. KETO SCRAMBLE (served with toast only)	11.95	
	11.95	
	11.95	
	12.95	
LULU'S PLATTER two eggs any style, bacon, sausage, homefries, fresh fruit	13.95	
three corn tortillas with black beans, peppers, onions, cheddar jack cheese, two eggs over easy, sour cream, salsa and avocado	13.95	
PLAIN OLD EGGS		
ONE EGG any style eggs with toast and homefries		
TWO EGGS any style eggs with toast and homefries		
with bacon, sausage, turkey sausage or ham		
FRENCH TOAST & CREPES	~~~	
CHALLAH FRENCH TOAST (with fruit add \$2, bacon add \$3)	8.95	
PEANUT BUTTER BANANA FRENCH TOAST topped with strawberries		
NUTELLA FRENCH TOAST topped with strawberries and bananas		
NUTELLA CREPES topped with strawberries and banana		
DULCE DE LECHE CREPES topped with strawberries and bananas	10.95	
GRIDDLE one french toast, two pancakes, bacon and fruit	12.95	

REFRESHMENTS

COFFEE regular or decaf 3.00
ICED COFFEE (with caramel, vanilla or chocolate add \$1)
LIPTON TEA regular or decaf
STASH TEAS
UNSWEETENED ICED TEA regular, mango or raspberry (mango & raspberry are decaf) 3.25
CHAI LATTE / CAPPUCCINO5.00
HOT CHOCOLATE
ESPRESSO 3.00
ICED: CAPPUCCINO, LATTE, CHAI LATTE
CAFE MOCHA
CAPPUCCINO FREEZE7.00
MOCHA CHILLER 7.00
NEW YORK EGG CREAM vanilla or chocolate
LEMONADE
ARNOLD PALMER
MILK white or chocolate
JUICE apple, cranberry or orange
FOUNTAIN SODA Coke, Diet Coke, Sprite, Ginger Ale, Sweet Tea, Root Beer, Seltzer 3.00
STEWARTS SODA. 4.00 black cherry, cream, root beer, orange & cream, cherries & cream Diet: cream, root beer, black cherry, orange & cream
DESSERTS
CUPCAKES. 4.00 vanilla or chocolate cupcake with vanilla or chocolate buttercream frosting
Ask about our seasonal cupcakes
HOMEMADE CLASSIC BANANA PUDDING
CHOCOLATE OREO BANANA PUDDING
SEASONAL BANANA PUDDING
COOKIE BOMB homemade crisp on the outside, gooey on the inside
MAGIC COOKIE BARS4.00
HOMEMADE: CHOCOLATE BROWNIE, BLONDIE, BROOKIE
GLUTEN FREE DESSERT AVAILABLE Please ask and see cake case

Delivery available: Door Dash, Grub Hub & Uber Eats All prices subject to change.